

NEWS RELEASE

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Adkins Arboretum Celebrates Arbor Day with Tenth Annual 5K Run

Dust off your running shoes and start training! Runners, walkers, families and nature enthusiasts are invited to enjoy emerging signs of spring when Adkins Arboretum hosts its tenth annual Arbor Day Run on Sat., April 11.

Featuring a 5K race, a free One-Mile Fun Run/Walk and a free Healthy Kids 100-yard dash, the event is a wonderful opportunity to enjoy an early spring morning in nature. Participants will catch glimpses of spring as they run or walk the cross-country trail plotted along the Arboretum's network of scenic forest and meadow paths.

Check-in and day-of registration begins at 8 a.m. The Healthy Kids Dash begins at 8:50 a.m., followed by the 5K Run at 9 a.m. and the One-Mile Fun Run/Walk at 9:05 a.m.

Awards will be presented to the overall male/female master winners and to the top three male/female winners in categories 10 and under through 70 and older in 10-year age groups. Ribbons will be awarded to all children. Bluepoint Race Management will provide chip timing for the 5K race.



Registration is underway, with a discount and Arbor Day Run T-shirt for those who register by March 25. For fee information or to register, visit arbordayrun.org or call 410.634.2847, ext. 0

Adkins Arboretum's tenth annual Arbor Day Run is sponsored in part by Unity Landscape Design/Build, CNB, Dover Rent-All Tents and Events, Magnolia Caterers, Accounting Strategies Group, Choptank Transport, Joanne Shipley Graphic Design, Lake|Flato Architects, Morgan Stanley Smith Barney, PNC Bank and Warrington Builders, Inc.

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Adkins Arboretum is a 400-acre native garden and preserve at the headwaters of the Tuckahoe Creek in Caroline County. Open year round, the Arboretum offers educational programs for all ages about nature and gardening. Through its [Campaign to Build a Green Legacy](#), it will build the [W. Flaccus and Ruth B. Stifel Center at Adkins Arboretum](#) and a "green" entranceway to broaden educational offerings and research initiatives promoting best practices in conservation and land stewardship. For additional information about Arboretum programs, visit www.adkinsarboretum.org or call 410-634-2847, ext. 0.

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