(RIDGELEY, MD—April 16, 2015)

Oxford Garden Club and Adkins Arboretum Bring Former U.S. Botanic Garden Director Holly H. Shimizu to Oxford May 7

Native plants are excellent sources of flavor, fragrance, fiber, tea, dye and medicine. On Thurs., May 7, join Holly H. Shimizu from 2 to 3 p.m. at the Oxford Community Center for Native Plant Uses, a look at a wide range of natives and their rich value as useful plants in Native American and early American cultures.

Many of these plants, include sassafras, spicebush, goldenseal, native mints, ramps and mayapple are still highly valued and used, are being "rediscovered" or are in need of protection from overharvesting. Shimizu will also share samples of teas and flavorings for participants to experience.

Shimizu is a nationally recognized horticulturist with a rich background in plants and gardens. She served as director of the United States Botanic Garden for 14 years, during which time the Botanic Garden experienced a renaissance that included renovation of the Conservatory, completion of the National Garden, and countless inspiring and innovative projects. She has worked in gardens around the world and is often recognized as a host of the popular television show Victory Garden. She has received numerous awards, including the prestigious Thomas Roland Medal for outstanding contributions to horticultural education from the Massachusetts Horticultural Society. She has written for many publications and is dedicated to heightening an awareness and love of plants through her work.

This program will be presented by Oxford Garden Club in partnership with Oxford Community Center and Adkins Arboretum. It will be held at the Oxford Community Center, 200 Oxford Road, Oxford, Md. The Chesapeake Bay Herb Society, a non-profit organization dedicated to the
education and enjoyment of growing and eating herbs, will be in attendance to share information about herbs and the organization. Admission is free and open to the public. Visit adkinsarboretum.org to register.

###

Adkins Arboretum is a 400-acre native garden and preserve at the headwaters of the Tuckahoe Creek in Caroline County. Open year round, the Arboretum offers educational programs for all ages about nature and gardening. For additional information about Arboretum programs, visit www.adkinsarboretum.org or call 410-634-2847, ext. 0.