



13th Annual

Arbor Day 5K/10K Run

Saturday, April 7, 2018



All proceeds benefit Adkins Arboretum's goat herd, used for targeted grazing of invasive plants. For more information, visit adkinsarboretum.org.

When Kids' Dash (10 & under)—8:50 a.m. 10K Run—9 a.m. 5K Run—9:05 a.m. Fun Run—9:10 a.m. Rain or shine.

Where Adkins Arboretum, 12610 Eveland Road, Ridgely, MD 21660. Day-of registration begins at 8 a.m.

Registration 5K fee: Ages 16 & up: \$25 before March 25; \$30 day of the race. Ages 15 & under: \$15 before March 25; \$20 day of the race. 10K fee: Ages 16 & up: \$35 before March 25; \$40 day of the race. Ages 15 & under: \$20 before March 25; \$25 day of the race. The One-Mile Fun Run/Walk and Healthy Kids' Dash are free.

Make checks payable to Adkins Arboretum and mail with the form below to Adkins Arboretum, 12610 Eveland Rd., Ridgely, MD 21660 OR register online at adkinsarboretum.org. Contact Jenny Houghton at 410-634-2847, ext. 0 or jhoughton@adkinsarboretum.org with questions.

Awards Overall male/female winners and top 2 male/female winners in categories 15 & under through 70 & over in 10-year age groups.

Amenities Quality T-shirts supplied by Bay Imprint to all registered 5K/10K participants. Fun Run participants may purchase T-shirts for \$10 each. Post-race festivities include refreshments (including crackers & goat cheese), awards, and a native tree raffle.



The Arbor Day Run is generously sponsored by Bay Imprint of Easton.

ENTRY FORM

Age (on day of race): _____ *Sex: M F T-shirt size: S M L XL XXL

Print Name: _____ E-mail: _____

Mailing Address: _____
Street or P.O. Box City State Zip

Phone: _____ I am registering for: 5K 10K One Mile Fun Run/Walk

Signature: _____
(Signature guardian if entrant is under 18)

WAIVER AND RELEASE OF LIABILITY: I know that running/walking or rolling (wheelchair) in a road race is a potentially hazardous activity. I should not enter and run/walk unless I am medically able and properly trained. I assume all risks associated with running/walking this event including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, extreme cold, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and, in consideration of your accepting my entry to participate in the Arbor Day 5K/10K Run/Walk, I, for myself and anyone entitled to act on my behalf, waive and release Adkins Arboretum and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I hereby give my permission to the event organizers and sponsors to use my name and/or picture in any publication, broadcast, telecast or other account of this event without limitation or obligation of further compensation thereof. I certify that I have read this waiver and release and fully understand its significance. I fully understand that my entry fee is non-refundable or transferable.