# **NEWS RELEASE**

#### For more information, contact:

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## (RIDGELY, MD—January 22, 2015)

# Outdoor Explorers Family Program Begins Feb. 1 at Adkins Arboretum

Explore the great outdoors! <u>Outdoor</u> Explorers, a new program series offered by Adkins Arboretum, provides wonderful opportunities for children and families to engage with nature.

All ages are welcome for these familyfriendly Sunday-afternoon programs led by Youth Program Coordinator Jenny Houghton. All sessions run from 2 to 3:30 p.m. Programs include:



### Reading the Landscape

### Sun., Feb. 1

Cultivate your tracking skills on a winter hike along the Arboretum's scenic woodland paths. Many animals remain active through the winter. Uncover their stories by examining tracks, scat and other signs.

### **Talking Bones**

### Sun., March 1

Fascinated by forensics? Love a good mystery? Learn to unravel the life stories of native animals through their bones. Examine cranial structures to determine an animal's environmental lifestyle...and its identity.

# Tree Rings 102

### Sun., March 29

Tree rings reveal a world of information beyond the age of the tree. Explore the science of dendrochronology to determine the events that shaped a tree's life and the world around it.

### Wilderness Survival

#### Sun., May 3

Move over, Bear Grylls! Why watch examples of wilderness survival on television when you can gain hands-on survival skills at Adkins Arboretum? Activities will include water collection and purification, starting a fire with flint, foraging, and shelter-building.

Advance registration is required. The fee per program is \$5/members, \$7/non-members for individuals, or \$15/members, \$20/non-members for families. A 10 percent discount is offered to those who register for all four programs. For more information or to register, visit **adkinsarboretum.org** or call 410-634-2847, ext. 0.

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Adkins Arboretum is a 400-acre native garden and preserve at the headwaters of the Tuckahoe Creek in Caroline County. Open year round, the Arboretum offers educational programs for all ages about nature and gardening. Through its <u>Campaign to Build a Green Legacy</u>, it will build the <u>W. Flaccus and Ruth B. Stifel Center at Adkins</u> <u>Arboretum</u> and a "green" entranceway to broaden educational offerings and research initiatives promoting best practices in conservation and land stewardship. For additional information about Arboretum programs, visit <u>www.adkinsarboretum.org</u> or call 410-634-2847, ext. 0.

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